ABSTRACT OF THE DISCLOSURE

A dispenser for dispensing a substance includes a metering device (4) for presetting a metered amount of the substance to be dispensed by the dispensing device (2), and having an adjustment member (11) for adjusting the metered amount, an entrain member (12) cooperating with the press-out member (3), a return device (10) for displacing the entrain member from an end position thereof to an initial position thereof, and a return device (10) for displacing the entrain member from an end position thereof to an initial position thereof, and a movement converter (13) for pivoting the entrain member (12) relative to the housing (1) in response to displacement of the press-out member in the longitudinal direction (L).